The benefits of reading as children grow



0-2 years



Bonding and building relationships



Speech and language



Foundational thinking



3-4 years



School readiness



Wellbeing and resilience



Emergent literacy



Thinking, memory and creativity



5-8 years



General knowledge and attainment



Wellbeing, resilience and self esteem



Language and literacy



Thinking, memory, attention and creativity



9+ years



General knowledge and attainment



Wellbeing, empathy and emotional intelligence



Language and literacy



Thinking, memory and creativity

